



THE COMMUNITY RECREATION & CULTURAL CENTRE UPDATES

PLEASE SEE THE ATTACHED REVISED ACTIVITY AND FITNESS SCHEDULE FOR DETAILS AND NOTE CHANGES THAT MAY APPLY TO YOUR FAVOURITE ACTIVITIES. IT IS IMPORTANT THAT ALL PARTICIPANTS ADHERE TO THE FOLLOWING SAFETY REGULATIONS:

FITNESS CLASSES

- Do not arrive more than 15 minutes prior to your scheduled class, otherwise patrons will be asked to wait outside.
- Face coverings are expected to be worn when moving throughout the facility, but may be removed once your class commences.
- The minimum required social distance during fitness activities is 3 metres (9.8 feet).
- Masks may be required by individual instructors.
- Class sizes may change based on new regulations.

SPORT ACTIVITIES

- Do not arrive more than 15 minutes prior to your scheduled class, otherwise patrons will be asked to wait outside.
- Face coverings are expected to be worn when moving throughout the facility, but may be removed once your activity commences.
- Sport activities are still restricted to singles play only, until further notice.
- The minimum required social distance for activities is 2 metres (6 feet).

WEIGHT ROOM

- Do not arrive more than 15 minutes prior to your scheduled class, otherwise patrons will be asked to wait outside.
- Face coverings are expected to be worn when moving throughout the facility, but may be removed once you are safely situated at your workout station.
- The minimum required social distance for weightroom activity is 2 metres (6 feet).
- Limit your time in each zone when others are waiting to 45 minutes maximum.

ADVANCE BOOK THROUGH YOUR
CONNECT TO REC PORTAL AT [KENTBC.CA](https://kentbc.ca)

THANKS FOR DOING YOUR PART

